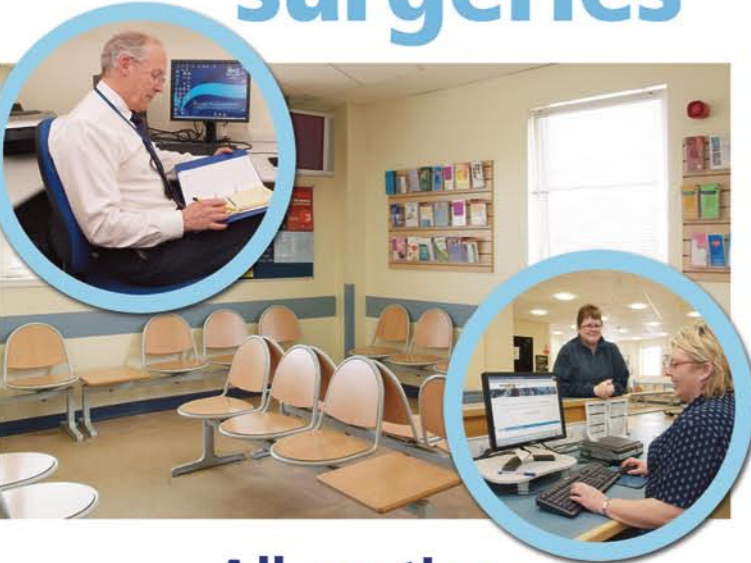


Your guide to 'round-the-clock' healthcare and support



Monday to Friday
8am to 6pm
Excluding public holidays

GP surgeries



All routine health matters are attended to by your own GP surgery

NHS Lothian works 'round-the-clock' to make sure you have access to healthcare whenever you need it. Our aim is to make sure you receive the **right care** in the **right place** at the **right time**.



Every night
6pm to 8am
Plus weekends and public holidays

NHS 24 08454 24 24 24
TEXTPHONE USERS:
18001 08454 24 24 24



If your GP surgery is closed and you are too ill to wait until it re-opens, phone NHS 24 on 08454 24 24 24

Over 100 community pharmacies in Edinburgh providing....



- Information on your illness
- A place to ask questions about your medication
- Information on staying healthy
- The NHS Minor Ailments Service – for people who don't pay prescription charges
- Links to support

NHS 24 also provides health information and advice

by phone 0800 22 44 88

by email – go to nhs24.com

by website nhs24.com

All phone calls to NHS Helpline are private and confidential



0800 22 44 88

nhs24.com



Click here to find reliable health information online

Help and advice from a range of health professionals such as:

- a nurse
- a pharmacy advisor
- a dental nurse
- a health information advisor

The Minor Injuries Clinic Western General Hospital

Open seven days a week – 8am to 9pm
No appointment necessary

0131 537 1330

Treatment for a wide range of injuries:



cuts & burns

infections

sprains & stings

small fractures

X-rays for patients 12 years and over

tetanus vaccinations • antibiotics

physiotherapy referral

advice and health promotion

A&E

for emergencies only



In the case of a life-threatening condition you should call 999

A&E for under 13 – Royal Hospital for Sick Children
St John's Hospital at Livingston

A&E 13 and over – Royal Infirmary of Edinburgh
St John's Hospital at Livingston