



# MOOSE IN THE HOOSE

<http://www.aceit.org.uk/moose.htm>

## Why Volunteer?

Moose volunteers give at least 3 hours each week using computers to help older people in many Edinburgh care homes. Many volunteers have been with us since 2005. They do a super job but why do they do it?

### Feeling

### Energised

*"Visiting, mixing and working on the computer to interest and entertain others is stimulating, so that after a volunteer session you return home feeling energised."* Joan F.



### Variety

*"I enjoy the sense of purpose ... and what surprises you might get!"*

### Genuineness

*"Older people in some ways are more genuine in their approach to things"* Gordon

### History

*"Older people are especially interesting because of the many changes they have seen over their lives - and I love history!!!"*

Ann P.

### Discovering Similarities

*"I enjoy realising they were once young, went dancing, worked and had fun just the same as young People today"* Anne H



### Support

*"The support available is superb and makes me feel very valued as a volunteer."* Hellen

### A Good Laugh

*"Having a long chat and a good laugh with someone with serious dementia and leaving them with a big smile on their face."* Joyce



*"Most of all I like the camaraderie between the volunteers."* Julian

### Camaraderie

## Satisfaction and Creativity

"One lady had old photos of her brother-in-law in the forces during the last war. She asked me to scan them and make 90th birthday cards for him... he was thrilled with the result." Gina

## Feedback from Families

"I love the use of the webcam - hearing family members tell us what a difference it makes to them is a wonderful experience." Tish

## Fun

"To tease them and have fun with them.... it's such a joy." Maggie



## Constant Learning

"I'd like to say how much I enjoyed our Moose induction course and all the new skills acquired there. I find I am still adding to these skills each week" Glenda

## Equal Opportunities

"What attracted me to Moose was the idea of helping prevent the exclusion of older people from a facility that many of us take for granted."

## Making a Real Difference

"Harry is known for being unresponsive. We contacted his daughter in Spain and she sent an email with photographs of her garden and new car. To the staff's surprise he suggested we went to the dining room to read the email and discuss the pictures. I really feel that this is a breakthrough with him."



## Using IT Skills

"People in their 80s, 90s and 100s still have so much to offer. Moose helps them achieve this." Stuart

## Looking Forward To Mondays

"I look forward to Monday mornings! One resident in particular has taken me under his wing and looks out for me at 10am!" Joan W

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